

# Children and Young People's Mental Health

Mental health problems affect around 1 in 10 children and young people. These issues include depression, anxiety and conduct disorder and can often be a direct response to occurrences in their lives. Emotional wellbeing is just as important as a child's mental health, therefore it is important for those working with children and young people to have a good understanding of the concepts, risk factors and impact of mental health.



## Benefits

- Achieve a nationally recognised Level 2 qualification
- Evidence your competency to employers
- Further your personal and professional development
- Gain an understanding of risk factors which may affect the mental wellbeing of children and young people
- Learn at a time that suits you without the need to attend college

## What you will learn

- Unit 1 - Understand Children and Young People's Mental Health in Context
- Unit 2 - Understand Factors which may Affect Children and Young People's Mental Health
- Unit 3 - Understand Children and Young People's Mental Health Concerns
- Unit 4 - Understand the Impact of Children and Young People's Mental Health Concerns
- Unit 5 - Understand how to Support Children and Young People with Mental Health Concerns



## Eligibility Criteria

- Aged 19+ (born before 01/09/1997)
- Lived in the EU for 3 years



Available  
fully funded

To find out more about this qualification, please contact:

Call: 0207 641 2937 | Email: [distancelearning@waes.ac.uk](mailto:distancelearning@waes.ac.uk) | Visit: [www.waes.ac.uk](http://www.waes.ac.uk)